

Dalhousie University  
 Wednesday, November 15, 2023

## WORKSHOP CATALOGUE

CODE	TITLE	DESCRIPTION	AM	PM	PRESENTER(S)
A01	<b>What Hospital Dietitians Do</b>	In this workshop, you will see a comprehensive scope of activities that dietitians do beyond just telling you what to eat. You will see how Enteral Nutrition EN works (feeding through a tube either from the nose to stomach or intestine or directly to stomach or intestine) and the dietitian's role in administering Enteral Nutrition. You will explore (and try!) the different modified food and fluids required for people who have difficulty swallowing (dysphagia). You will be shown how Modified Barium Swallow Assessment works (the diagnostic test for dysphagia). You will learn how to thicken fluids and how to test its efficacy. You will learn how to read food labels to make informed choices about your food and the recent changes to the labeling regulations in Canada. And we cannot conduct a workshop about nutrition without walking you through the Canada Food Guide and how to use it to build a balanced meal. Also, you will be able to see the dietitian's role in administering Parenteral Nutrition (Nutrition through vein) administered to people when they are unable to eat orally or via EN. As you can see, a dietitian's role is very extensive!	20	20	<b>Esraa Hassan</b>
A02	<b>Fixing Canada's Health Care System</b>	Canadians are proud of their health care system, but right now it is facing a lot of serious problems. In Nova Scotia more than 80,000 people don't have a family doctor. COVID-19 has created huge waitlists for many health care services, and it is going to be very hard to get caught up. Many people can't afford the drugs they need because they don't have insurance coverage. The Canadian population is aging, and more and more people have multiple health problems, so the need for health services are rising. In this workshop you will work first in small groups to debate options and propose solutions to some of these challenges. Then you will learn about the diverse career paths you can pursue to meet the huge and growing need for people with the skills and creativity to improve and manage the healthcare system. You will learn about important career options you might not have heard about before.	0	30	<b>Michael Moore &amp; Mike Reid</b>
A03	<b>Epidemiology in action!</b>	The global COVID-19 pandemic has had devastating impacts around the world. The pandemic has also raised awareness of the field of epidemiology. Epidemiology is the science of tracking health in groups of people to uncover trends and to try to identify potential causes of diseases. Some epidemiologists focus on	25	0	<b>Christy Woolcott, Laura Jimenez, Ally Seamone &amp; Cameron Bruce</b>

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		communicable diseases like COVID, but so many other health-related issues can be investigated such as cancer, heart disease, violence, and smoking. In this workshop, you will take part in a disease outbreak investigation and get a chance to analyze real survey data. Working in teams, you will develop advice and guidance for officials to consider in their policies. You will also learn about the career opportunities and different paths to becoming an epidemiologist... and how health data can be used to solve some of the biggest challenges of our time!			
A04	<b>Nursing Basics - patient assessments through the life course</b>	In this workshop we will talk about the basics of nursing assessment in adults, children, and infants.	10	10	Jess Ambrose & Joyce Rassi
A05	<b>Destination Doctor: Exploring the Path to Medical School</b>	This presentation provides a concise yet comprehensive glimpse into medical school life. It covers the curriculum, skills acquired, reasons to choose medicine, and the path to medical school admission. I break down the medical school experience, from basic sciences to clinical skills, emphasizing critical thinking and communication skills development. As well, I will also be exploring the various motivations for a medical career, including patient impact, intellectual fulfillment, and career diversity. Finally, I will be outlining my journey to medical school, from prerequisites to applications, offering an objective roadmap for aspiring medical students.	10	0	Loukman Ghouti & Roxana Zaminpeyma
A06	<b>Innovation through Simulation: What is Simulation in Health Care Education, Anyway?</b>	<p>The Centre for Collaborative Clinical Learning and Research is an innovative and unique centre that offers simulated learning experiences for students across a wide range of health practice. We use everything from high tech manikins to real people to help students learn the things you can't learn in a book. Come for a glimpse into how health practitioners of tomorrow are being trained today! We believe in learning through experience, so you can bet we are working on an experience for you!</p> <p>In this interactive, activity-based workshop you will: Learn about the amazing world of simulations-based learning, and how students prepare for real life patient and client encounters. Discover how "simulated participants" are helping students build strong patient care skills through simulation. Take a tour of Centre for Collaborative Clinical Learning and Research.</p>	12	12	Jacque Thillaye & Karen Bassett
A07	<b>Basics of Cancer Medicine and Introduction to Radiation Oncology</b>	Short intro on cancer biology, oncology foundations, interactive discussion of CT anatomy, brief overview of radiation oncology tools and interactive activities	20	0	Gabriel Painchaud
A08	<b>Radiology - What do they do in that dark room?</b>	Join resident doctors and radiological technologists to learn about professions in Diagnostic Imaging. An overview of the specialty will be presented,	0	25	Margaret Garnier, Ryan Smith, Rachel MacLeod, Morgan

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		followed by an interactive game to learn more about imaging			<b>Lawley &amp; Jamie Eliasson</b>
<b>A09</b>	<b><i>Trauma 101: how to do the things that the trauma team does</i></b>	In Nova Scotia, the trauma team at the QEII is on call 24/365 to resuscitate and save trauma patients lives. This team includes doctors, nurses, paramedics, respiratory therapists, and many more. The procedures that we do save lives, and we teach many across Nova Scotia how to do it as well. In this workshop, we will show you how and you will get a chance for hands on practice on the same equipment that our doctors and nurses use. After our workshop, you too can help save a life.	20	22	<b>Robert Green, Bree Gillis &amp; Jenna Falkner</b>