

BC Children's Hospital  
Tuesday, November 17, 2020

## Workshop Catalogue

ACCELEVENTS ACCESS Code	Title	Description	Max	Presenters/Coordinator
0135	<b>A01: Discovering Occupational and Physiotherapy</b>	In this workshop you will gain an understanding of occupational therapy and physiotherapy, the similarities and difference of each distinct profession. You will gain an understanding of the broad scope of practice areas and may be surprised where we work! You will hear from recent graduates as to the educational requirements for the university-based programs, why they chose the area they did, as well as from experienced therapists working in the field.	24	Kathy Couture Megan McAllister Cheryl Sabarre
3972	<b>A02: Staying Grounded in the Here &amp; Now</b>	Much of our stress comes from being pulled away from the present moment. We are distracted with regrets about the past, worries about the future and judgments about the present. Mindfulness is all about encouraging awareness of oneself in the present moment, without judgment. Today's workshop will be examples of mindfulness practices which include body scans, guided breathing meditations and other simple exercises, which can help us to refocus on the present and calm our minds. Participants should come prepared with a yoga mat or blanket for stretching, coloured pens, pencils and drawing materials.	30	Sabrina Gill Michelle Man
2933	<b>A03: Genetics and Your Health</b>	In this workshop, you will be introduced to concepts in Medical Genetics using real life examples and will learn what it is like to be a genetic counsellor. You will use family tree information to solve genetic puzzles and will learn how changes in our DNA affect our health. Prepare to be a genetics detective!	20	Vivian Cheng Chieko Chijiwa Harindar Heran Amy Ho
4719	<b>A04: COVID-19 vaccine development, implementation, and vaccine hesitancy</b>	COVID-19 is an emerging pathogen that is threatening public health globally. This workshop will talk about current progress in vaccine development (e.g. clinical trials) worldwide, and the subsequent stages of vaccine implementation once a vaccine(s) is approved. The workshop will also discuss key factors related to vaccine hesitancy.	30	Adriana Cabrera Wendy Pringle Manish Sadarangani

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5728	<b>A05: A Day in the Life of a Registered Midwife</b>	In this workshop you will get to explore pregnancy through the lens of midwifery care. We will explore prenatal care (palpating a pregnant belly and finding a fetal heartbeat), birth equipment (what we bring when clients choose to birth at home), newborn care (a head-to-toe baby exam), as well as what is involved with being a Registered Midwife in BC and how to become one.	30	Marella Falat Katie McCallum Hedieh Montazer
1793	<b>A06: Getting Psyched About Psychology</b>	In this workshop, you will be introduced to the field of clinical psychology and learn about the role of psychologists at BC Children's Hospital. You will take part a treatment planning exercise for a patient case vignette.	20	Dr. Erin Moon Carla Oberth Dr. Hope Walker
0972	<b>A07: Why Speech-Language Pathology is AWESOME!</b>	This presentation will give you a general overview of the profession of speech-language pathology (education needed, work settings, clientele, salary). You will watch 'a day in the life of an SLP' video and if time, take an interactive quiz.	30	Marguerite LyTong Sydelle Murphy
3857	<b>A08: Allergies and the Immune System: Why do they exist?</b>	You will learn all about the fascinating world of the immune system and allergies. Do you know anyone with a peanut allergy or a grass or cat allergy? In this workshop you will find out more about how we test and treat different allergies. You will even be equipped for an emergency situation!	30	Dr. Bahar Torabi